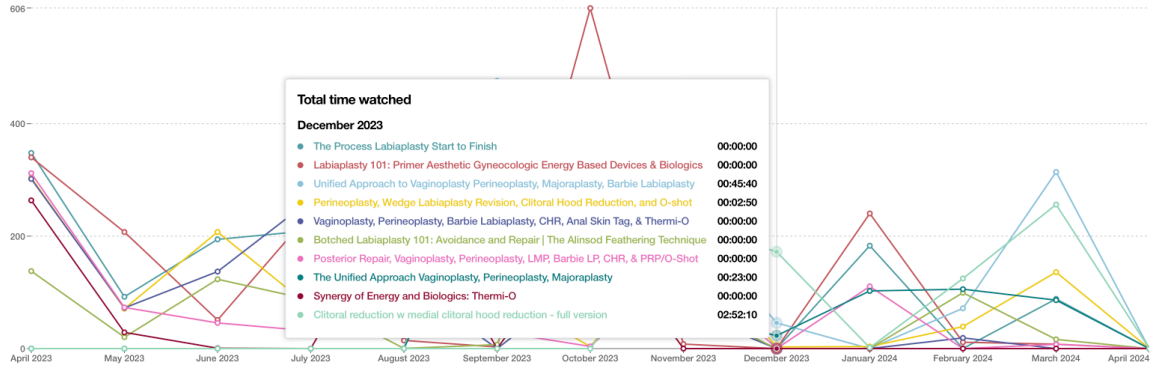


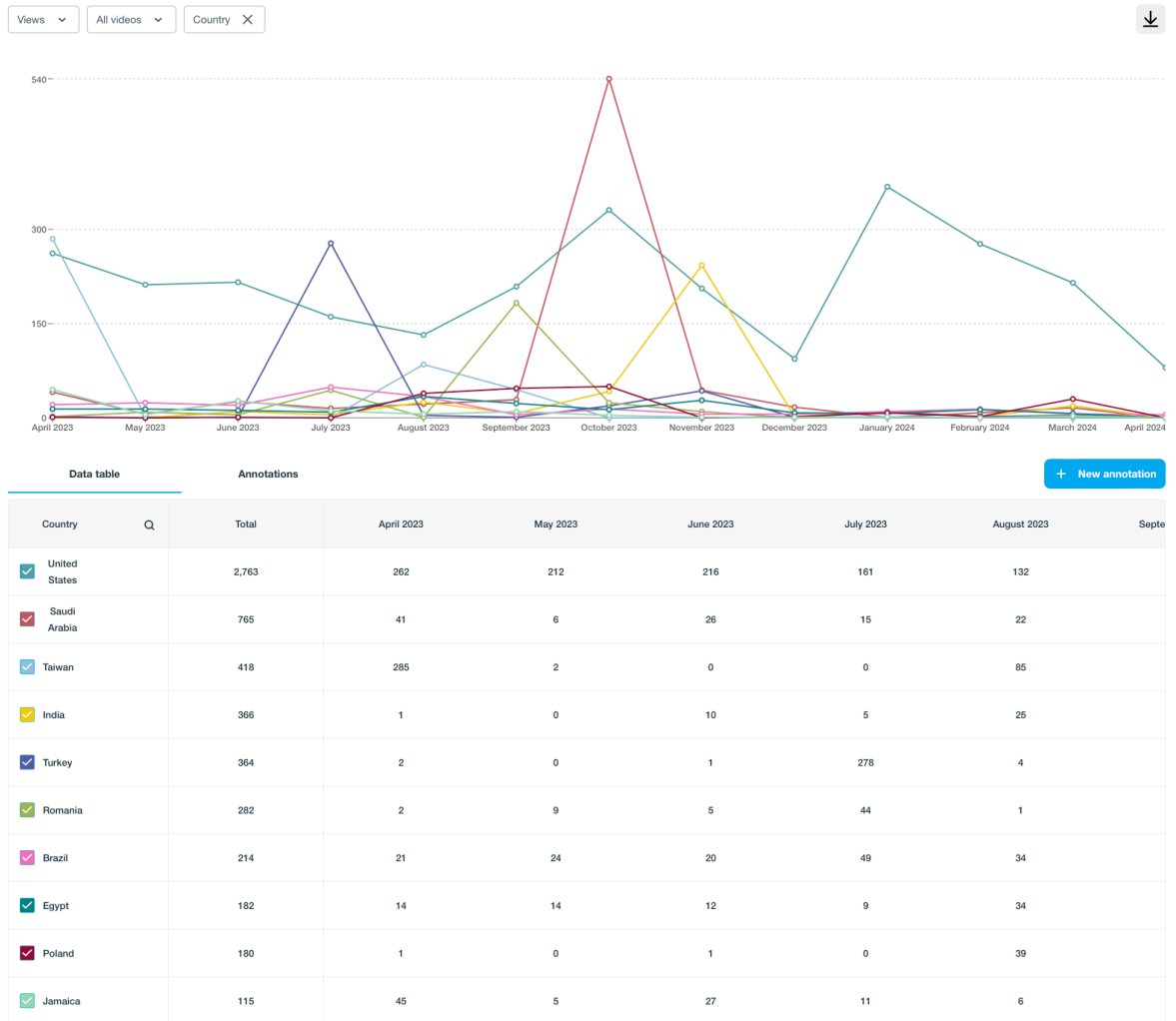
# Alinsod Live Apr 5, 2024

## Welcome and ISCG Summary

### Update: Stats for Gynflix



Video	Q	Total	April 2023	May 2023	June 2023	July 2023
<input checked="" type="checkbox"/> The Process Labiaplasty Start to Finish		28:53:30	05:48:00	01:32:10	03:14:20	03:29:50
<input checked="" type="checkbox"/> Labiaplasty 101: Primer Aesthetic Gynecologic Energy Based Devices & Biologics		28:51:00	05:40:10	03:27:20	00:50:50	04:02:10
<input checked="" type="checkbox"/> Unified Approach to Vaginoplasty Perineoplasty, Majoraplasty, Barbie Labiaplasty		26:59:10	00:00:00	00:00:00	00:00:00	00:00:00
<input checked="" type="checkbox"/> Perineoplasty, Wedge Labiaplasty Revision, Clitoral Hood Reduction, and O-shot		20:29:40	05:04:00	01:11:00	03:27:30	01:13:00
<input checked="" type="checkbox"/> Vaginoplasty, Perineoplasty, Barbie Labiaplasty, CHR, Anal Skin Tag, & Thermi-O		18:28:40	05:01:50	01:12:20	02:17:00	04:24:40
<input checked="" type="checkbox"/> Botched Labiaplasty 101: Avoidance and Repair   The Alinsod Feathering Technique		17:09:00	02:17:50	00:20:20	02:03:20	01:26:30
<input checked="" type="checkbox"/> Posterior Repair, Vaginoplasty, Perineoplasty, LMP, Barbie LP, CHR, & PRP/O-Shot		14:20:20	05:12:00	01:13:10	00:45:40	00:31:20
<input checked="" type="checkbox"/> The Unified Approach Vaginoplasty, Perineoplasty, Majoraplasty		14:11:10	00:00:00	00:00:00	00:00:00	00:00:00
<input checked="" type="checkbox"/> Synergy of Energy and Biologics: Thermi-O		13:33:50	04:23:40	00:28:50	00:00:40	00:00:00
<input checked="" type="checkbox"/> Clitoral reduction w medial clitoral hood reduction - full version		12:59:40	00:00:00	00:00:00	00:00:00	00:00:00



## Gynflix V2 Coming Soon! New Gynflix Videos

1. #26 The Alinsod H&P Portrait View with Intro
2. #27 The Informed Consent Portrait View Original Portrait
3. #28 The Post Op Labiaplasty Instructions Original Portrait
4. #29 The Post Op Vaginoplasty Instructions Original Portrait
5. AIAVS Fellows Videos to be released this month as their own Module

## April 2024: Gynecologic Videography for Dummies

- Set Up
- Final Cut Pro Demo



## The Clitoral Injection of IncobotulinumtoxinA for the Improvement of Arousal, Orgasm & Sexual Satisfaction- A Specific Method and the Effects on Women

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### ABSTRACT

Accepted treatments for female sexual dysfunction (FSD) are currently limited to psychological, hormonal, surgical, and psychopharmacologic interventions. There are no FDA-approved pharmaceutical interventions that directly affect the female genitalia to improve female sexual function other than prasterone for dyspareunia. Botulinum neurotoxin type A (BoNT) has been shown to improve erectile function in men by increasing arterial blood flow and possibly by increasing parasympathetic tone. In all previous studies in women, BoNT has only been used to improve sexual function by either attenuation of sensation or of muscle contraction and never to accentuate sensation, desire, orgasm, lubrication, or satisfaction directly. This pilot study was undertaken to test the effects, if any, of the clitoral injection of BoNT on female sexual function. The female sexual function index (FSFI) was used as a measure. Our data indicate that the treatment enhances sexual function in women in multiple domains—including desire, arousal, lubrication, orgasm, satisfaction, and overall sexual function. The benefits to overall sexual function improved by an additional 50% when the BoNT was combined with platelet-rich plasma (PRP) rather than saline alone. Our population was small, and placebo effects are possible; but the effects of treatment resulted in improvements in FSFI greater than previously reported after treatment with any of the currently FDA-approved drugs for female sexual dysfunction. The extended safety profile of BoNT for women of reproductive age at the dosages used, the known regenerative properties of BoNT and PRP, its positive effects on circulation and the autonomic nervous system, and the lack of any FDA-approved therapies that directly affect the female genitalia to improve sexual function warrant offering this innovative treatment to women suffering sexual dysfunction unresponsive to other means.

**Key Words:** Botulinum Toxin, Botulinum Toxin Type A, BoNT, IncobotulinumtoxinA, Anorgasmia, Sexual Dysfunction, Treatment, Clitoris, Injection, Satisfaction, Sexual Distress, Orgasm, Anorgasmia, Autonomic Nervous System, Parasympathetic Nervous System, Sympathetic Nervous System, Ganglion, Placebo, Saline.

FSAD: Female Sexual Arousal Disorder

FSIAD: Female Sexual Interest/Arousal Disorder

HSDD: Hypoactive Sexual Desire Disorder

PGAD: Persistent Genital Arousal Disorder

FSFI: Female Sexual Function Index

PD51: Phosphodiesterase-5 Inhibitor

PRP: Platelet-Rich Plasma

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### **What's In The News:**

- Peruvian Cosmetic Gynecology, Lima, Apr 26-27, 2024
- 1<sup>st</sup> AUGSociety Conference, Dubai, Apr 27-28, 2024
- IASRM 2024, June 14-16, 2024

### **Access Alinsod**

- **New Email:** [red@gynflix.com](mailto:red@gynflix.com)
- **Now Live:** [www.alinsodinstitute.com](http://www.alinsodinstitute.com)
- **New Telephone Number:** 945-900-7576

### **Substack: Free for AIAVS Fellows**

- **Cosmetic Gynecology Newsletter:**
  - Predictive Permeation for Gynecology
  - GetHairMD for Hair Loss Solutions Webinar
- **Feminine Wellness Newsletter**
  - Needle-Free Non-Injections
  - The Vampire Facial with Predictive Permeation to get that Ouchless Needle-Free Mother's Day Glow!
- **Labiaplasty Newsletter**
  - The Alinsod H&P
  - Barbie Look Labiaplasty with Medial and Lateral A Incisions

### **Alinsod Live May 3, 2024:**

**Focus:** Canva for Social Media Content Creation